

## The Integration Path of Socialist Core Values Education and Traditional Tea Culture Education

Min Zhang

Dayi Vocational High School of Sichuan Province, Chengdu, 611330, China

**Keywords:** Socialist core values education; Traditional tea culture education; Integration

**Abstract:** China's tea culture has a history of thousands of years with rich connotations. When inheriting and carrying forward the tea culture, it is necessary to effectively combine the tea culture with the Core values of socialism view. Socialist core values education is an important measure to guide college students out of confusion and clear goals, and the beneficial effect of integrating traditional Chinese tea culture into Socialist core values education is obvious. Tea culture can integrate social morality and cultural awareness and transform them into people's judgments on objective things. Therefore, inheriting Chinese tea culture can effectively abandon the single theoretical education in the concept of Core values of socialism, and actively explore the training methods of Core values of socialism from the practice process. By integrating the contents, methods and channels of Socialist core values education and traditional tea culture, students' self-cultivation and quality can be improved, and students' sense of core values can be enhanced.

### 1. Introduction

The progress of the next country in any era cannot be separated from spiritual support, and the rapid development of society cannot be separated from the promotion of civilization, and the growth and independence of individuals needs the nourishment and nurturing of culture [1]. With the development of social economy, people's material life is gradually enriched, which promotes the development of cultural diversification. The 18th National Congress of the Communist Party of China put forward the core values of socialism with the core values of prosperity, democracy, civilization, harmony, freedom, equality, justice, rule of law, patriotism, dedication, integrity, and friendliness [2]. With the proposal of the Core values of socialism concept, it has played a long-term role in reshaping the Chinese social atmosphere and cohesive social subjects. The concept of Core values of socialism is also being promoted in various places in various places. Practice has proved that gratifying results have also been achieved [3]. However, with the gradual decline and penetration of Core values of socialism in the social field, it is perceived that the way of publicity based on conceptualization alone does not necessarily conform to people's cognitive habits. On the contrary, in the process of publicity, some people do not know why. In fact, the construction of the Core values of socialism view system is not a unique product under the Chinese socialist system, but an era product that combines the essence of China's excellent traditional culture. Therefore, if it fails to integrate with the excellent traditional Chinese culture, it will inevitably face the cognitive dilemma of the Chinese people in the future social ecological reconstruction [4]. Tea culture is not only the traditional Chinese culture, but also the essence of traditional culture. It has been promoted and publicized in the process of historical development, and it also permeates people's daily work and study, which has a certain influence on the shaping of Chinese people's cultural psychology. Therefore, a comprehensive analysis of the connotation of tea culture can effectively integrate traditional culture with the innovation of the times, so as to effectively practice the concept of Core values of socialism and make China and the world effectively contact [5].

## 2. Socialist core values education and traditional tea culture

### 2.1. Tea culture

Analyzing from the attributes of tea itself, it represents "freshness and purity", which can be extended from the natural attributes of tea, so that it not only affects people's material life, but also affects people's spiritual level. In the concept of tea culture, emphasis is placed on cultivating personal accomplishment and connotation, so as to better realize the realm respected by Taoism [6]. "Clearing" in the tea ceremony is a way for individuals to cultivate their mood. In complex social life, drinking tea can purify the soul and remove inner irritability. Picking up and letting go is the basic action of drinking tea, and getting rid of is the basic choice of people [7]. Drinking tea can help people see their rights and let go of their dissatisfaction and sorrow. Tea is like life, life is like tea. At the same time, the value concept of tea culture also conveys the idea of "honesty" and promotes couples to be thrifty and honest. This kind of tea culture concept has enhanced social significance and social value, and can effectively help people form correct values and ideas [8]. The essence of tea culture is "harmony". It also conveys the harmonious coexistence between people and nature. It yearns for the harmonious coexistence between people and nature. The unity of nature highlights the values of traditional Chinese culture. It can be seen from this that the concept of "harmony" in tea culture has an extremely important guiding significance for the development of modern green.



Figure 1 Tea Ceremony

### 2.2. Socialist core values education

Youth is the hope of national rejuvenation. Throughout the long revolutionary years, young students dare to be the first, be brave pioneers, and regard saving the nation and rejuvenating the nation as their sacred responsibilities. This historical inheritance is the inheritance of Core values of socialism. The historical mission shouldered by young students in modern society deepens into national rejuvenation, which requires students to be aggressive, innovative and abide by the laws of the times. Therefore, on the basis of the "three advocacy", combined with the requirements of the times and the inheritance of history, we can divide the education content of the core values of socialism for students into education of patriotism and ideals and beliefs, and education of hard work and social responsibility. Education of abiding by laws and the spirit of innovation. Core values are conceived and formed in the long-term development of a country and nation, and are closely related to and inherited from cultural traditions. "The core values of a nation and a country must be compatible with the history and culture of this nation and country.

Chinese traditional culture is a prominent advantage for the Chinese nation to stand in the forest of the world and the deepest soft power of the Chinese people. Teachers are the key group to educate people in Chinese cultural schools. According to the era requirements of Core values of

socialism, the research team designed and developed the "Five-in-One" teachers' research course from the aspects of health, psychology, family, work and cultural cultivation, referring to the principle of "character, knowledge, sincerity, sincerity, self-cultivation, family-alignment, ruling the country and peace of the world" of Chinese culture and combining the current school values education practice. The organization has carried out the national teachers' cultural course research, as shown in Figure 2, which greatly improves the cultural accomplishment and strength of teachers in developing Socialist core values education.

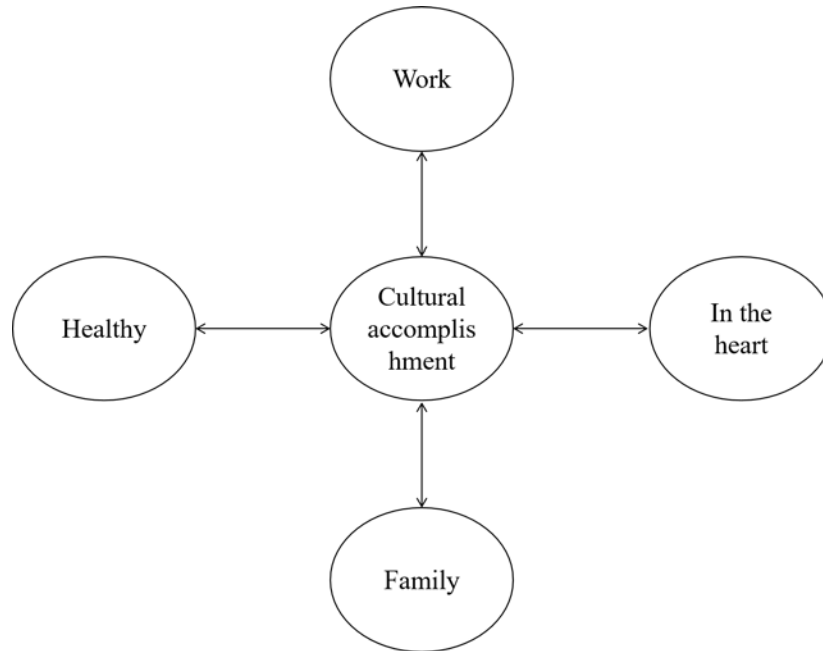


Figure 2 "Five in One" Teachers' Spiritual Growth Course

### 3. The Integration Path of Socialist Core Values Education and Traditional Tea Culture Education

#### 3.1. Integration of Socialist core values education and traditional tea culture education

Traditional tea culture has been improved by scholars of all ages, and it has integrated the wisdom of the ancients for thousands of years. Its connotation has a positive proposition, which resonates with the current education in colleges and universities, from self-cultivation to treating people, and from living in the world to helping the world. Compared with the way of higher education, it has a special bearing capacity, which can influence people in daily tea culture life, and then supplement the higher education. Traditional tea culture emphasizes fairness and impartiality in treating issues. In our current college education, Marxist philosophy advocates treating things in an objective and dialectical manner. The two are consistent in their attitudes towards people and things. In college education, there are ideas about dedication to communism and the struggle for the country. Tea culture also absorbs the Confucianism of "worries and worries before the world, and happiness after the world." Patriotic devotion to the people, such as self-denial, self-denial, selflessness, and sacrifice of life for righteousness, are consistent in their essential meanings.

The difference is that education is dull and tedious in teaching, while the tea culture can be transferred in a clear cup of tea between three words and two languages. At this stage, the social subject system advocated by Core values of socialism concept needs to be effectively linked with Chinese traditional culture. Under the guidance of traditional culture, it can help the Chinese public to form correct values. Equality, harmony and freedom advocated by Chinese tea culture are indispensable contents in today's society. During the process of blending tea culture with Core values of socialism, we can see the tenacity and vitality of life.



Figure 3 Inheriting Chinese tea culture

### 3.2. Exploration on the cultivation path of college students combined with tea culture

The connotation of tea culture is indifferent to quiet and slow life, which is in sharp contrast with the fast-paced life in today's society. It is difficult for young and beautiful college students to accept it in the prosperous material times, and education is relatively difficult. Combining with the Core values of socialism, the cultivation of college students needs to be carried out for a long time, instead of being a mere formality. Combining tea culture with the Core values of socialism perfectly, spreading it through the new media platform in an intuitive way, and assisting education in the form of special lectures, etc., can deepen the understanding of college students for a long time and repeatedly, which can stimulate their enthusiasm, expand their thinking and consider the right things to a certain extent. Take social events as an example, hold theme seminars and tea parties, guided by experienced and well-qualified teachers, through the analysis of various social phenomena, communicate and communicate self-expression, and discuss what to do if it happens to yourself So what kind of result will be formed, which will promote the participation of the university's physiological analysis events, and comprehensive consideration will play a positive role in strengthening the education of the Core values of socialism. In addition, integrating tea culture into practice teaching, creating a harmonious atmosphere in the form of tea art, so that college students can experience full time friends, and more directly deepen their understanding of the spiritual connotation of Core values of social ism. More opportunities for practice, to improve the overall quality of College students, to improve their moral quality, to deepen understanding in the course of action, to truly understand the spirit of "reasonable, respectful, clear and harmonious", and to integrate with the concept of ore values of social ism, can trigger students to further think about the value of life.

## 4. Conclusions

Education is not only to preach and solve problems through book teaching, but also to teach and educate people. In China, quality education is carried out in an all-round way, but the college students who have received higher education have frequent incidents like Yao Jiaxin, which is worthy of our reflection. Under the influence of the new media era, college students are deeply influenced by multiculturalism, and blindly following the trend and distorting values have aroused widespread concern in society. It is imperative to educate contemporary college students by integrating tea culture into the Core values of socialism and cultivate patriotic, dedicated, honest and friendly successors for social development. In order to truly play the role of Socialist core values education, we need to continuously deepen the content of Socialist core values education,

innovate the methods of Socialist core values education, improve the channels of social Core values of socialism, integrate educational resources and form a complete education system. In order to better implement Core values of socialism, we should link tea culture with the world and promote the sustainable development of society.

## References

- [1] Qiao Quan. The mechanism and path of integrating excellent Chinese traditional culture into socialist core values education in colleges and universities. *Journal of Wuhan University of Technology: Social Science Edition*, no. 2, pp. 59-63, 2020.
- [2] Gong Li. Several thoughts on the cultivation of Core values of socialism running through the teaching of ideological and political theory. *Journal of Ideological and Theoretical Education*, no. 4, pp. 92-94, 2016.
- [3] Meng Aiqing. An analysis of the path of integrating Chinese traditional culture into college students' Socialist core values education. *New West*, no. 2, pp. 120-121, 2019.
- [4] Su Huimei. An Analysis of the Path to Cultivating Middle School Students' Core Values of Socialism with Chinese Excellent Traditional Culture. *Western Quality Education*, vol. 5, no. 9, pp. 60-61, 2019.
- [5] Wu Jingyu. Research on the path of integrating traditional tea culture into the construction of colleges and universities network ideological and political education resources. *Fujian Tea*, vol. 40, no. 12, pp. 173-174, 2018.
- [6] Yu Yang. Discussion on the integration of traditional tea culture into ideological and political education in colleges and universities. *Fujian Tea*, vol. 40, no. 3, pp. 234-235, 2018.
- [7] Liang Kai. Research on the Path of Tea Culture for College Students to Cultivate Core Values of Socialism in the New Media Era. *Fujian Tea*, vol. 41, no. 1, pp. 158-159, 2019.
- [8] Wang Jinxiao. Research on the Fusion Path of Core Values of Socialism and Chinese Excellent Traditional Culture. *Caizhi*, no. 24, pp. 206-208, 2018.